



January 2025 // Issue 0

# Back 2 Work 2025

## Tips for Driving in Winter

- There is a 32% increase in incident frequency during winter months.
- Wet road related incidents increase on average by 22% during winter months.
- Incidents during darker hours, increase by 17.5% during winter months.

### Prepare your vehicle

- Check all lights are fully working
- Windscreen & wiper blades need to be clean and screen wash topped up
- Check tyre pressures & conditions
- Check brakes are fully working
- Check all fluids are topped up.

### Prepare your Journey

- Let someone know where you are going and when to expect you
- Plan alternate routes just in case
- Ensure the fuel tank is full
- Use of spare clothes and a torch
- Clear your windows and mirrors of any snow or ice.

### Driving in Snow or Ice

- Reduce your speed
- Avoid harsh braking & acceleration
- Slow down before bends and corners
- Drive in a lower gear
- Keep your vehicle well ventilated
- Use dipped headlights on any snow or ice.

**Heidelberg Materials UK: Back to work 2025 is a two-day safety stand down event. We will be carrying out Haulier engagement days through January and February**

**Day 1:** Held off site at a number of locations across the country. Drivers were requested to attend as part of haulier engagement, thanks again for the turnout

**Day 2:** Aggregates site based activities on 3rd Dec including a stored energy assessment, traffic hot spot assessment and discussion on initial response to incidents.

## CogLock wheel security

**CogLock provides the ultimate wheel security solution to help protect operators and their fleets. Specifically designed to prevent wheel detachment, CogLock's innovative design provides a visual indicator, secure locking mechanism, and streamlines maintenance.**



Developed by Chris Coghill, a qualified technician with more than 15 years' industry experience working across the board as workshop controller, service manager, depot manager and fleet engineer, he has a good understanding of the issues often faced by fleet operators.

CogLock's first USP is its visual indicators which alert vehicle operators and drivers to any loosening of wheel nuts, which should be picked up in regular vehicle checks. Secondly, the device actively engages to lock the wheel nut in place, ensuring the wheel remains securely attached under various driving conditions. Finally, it helps to streamline maintenance by eliminating the need for technicians to remove ancillary devices from the wheel nuts when checking their condition and tightness on routine maintenance.

CogLock is suitable for all HGVs, buses and coaches and is aimed at all fleet operators, customers who have experienced wheel loss in the past or continue to see issues with loose wheel nuts, and vehicle providers including leasing operators and new truck sales.

Full training will be provided to maintenance workshops as part of the trial. In addition, any vehicle fitted with CogLocks will also be issued with a door decal with a QR code, which will provide operating and repair instructions to any driver or technician who hasn't yet received training on the product.

CogLock is rigorously tested and certified for reliability and safety and holds an industry leading 2-year warranty. To find out more or to sign up to a free trial, please visit [www.coglock.co.uk](http://www.coglock.co.uk)

# Track IT update

Track IT is now live and operational in all areas of A&A.

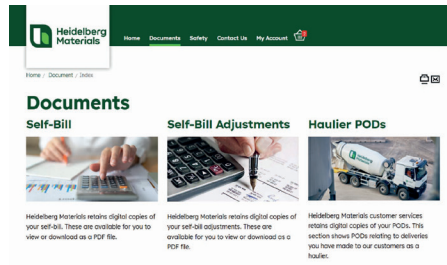
Thanks for your continued support during the transition from old to new.

Track It will support the process change to paperless delivery's.

Showing a significant milestone for digital transformation

Paperless will require the haulier to create an account on [www.myhaulier.heidelbergmaterials.co.uk](http://www.myhaulier.heidelbergmaterials.co.uk)

This will enable you to view all tickets, remittances, self-bills etc.



# Vehicle Cleanliness

It has become apparent in recent weeks a number of vehicles have been refused entry onto sites due to poor vehicle cleanliness.

Can I please mention to you all this is a legal requirement to ensure all safety chapter 8 signs, lights and number plate are visible at all times.

Please take the time to instruct your drivers accordingly so we can eliminate any further instances. Please see examples of unacceptable trucks below (number plates cleaned on site by customer for the near hit!



# Additional resource:

Heidelberg Materials Driver Handbook can be found here:



Near Hits reporting can be found here:



Track IT training A&A can be found here:



MPA Driver Handbook can be found here:



# Tailgating

To drive safety on our roads, it's important to keep a safe and respectful distance between your vehicle and others.

Driving too close to the vehicle in front of you – commonly known as 'tailgating' – makes it difficult to stop in an emergency.

In addition, tailgating is the single biggest issue that drivers find irritating or intimidating about other road users, which can potentially lead to conflict and confrontation.

## How to avoid tailgating other drivers

Although people associate tailgating with aggressive driver behaviour, it's easy to tailgate others unintentionally. For example, you may be cut-up by another vehicle or misjudge the speed of the vehicle in front.

The Highway Code says you should "allow at least a two-second gap between you and the vehicle in front on roads carrying faster moving traffic". This is made up of the time needed for thinking and stopping.

When it's raining or icy you need to at least double that gap. And larger vehicles such as HGVs will need greater time gaps to be able to stop safely.

Keeping a safe distance from the vehicle in front gives you time to react and stop if you need to. If you don't leave a minimum two-second gap, you could be putting yourself and others in danger.

## What the law says

People may not commonly realise that tailgating is against the law, and can lead to fines and other penalties.

Rule 126 of the Highway Code says that: "Dangerous and careless driving offences, such as tailgating, are enforced by the police."

If you're spotted by police driving too close to the vehicle in front, they can take action if they think you're driving without due care and attention.